

Regina Elizabeth Balgowan
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EDUCATION

Master of Science & Nursing: 2010-2014, University of North Carolina, Chapel Hill, NC

Bachelor of Science Degree: Nursing: 2007, Duke University, Durham, NC

Bachelor of Science Degree: Biopsychology: 2005, Rider University, Lawrenceville, NJ

RELATED EXPERIENCE

Nash General Hospital: Rocky Mount, NC

Pediatric Nurse Practitioner Hospitalist/Pediatric Emergency Department, October 2015-Present

- Provision of care to newborns, children, and adolescents in collaboration with medical, nursing, respiratory, and social work staff in the Pediatric Emergency Department and Newborn Nursery.
- Clinical skills include but are not limited to neonatal circumcision using Gomco Clamp technique, repairing superficial wounds (dermabond, suturing, staples), x-ray interpretation, treating elbow dislocations, and catheterizations.

Nitelite Pediatric Urgent Care: Smithfield, NC

Pediatric Nurse Practitioner, 2014-September 2015

- Provision of care to newborns, children, and adolescents at an extremely busy urgent care as a sole provider. Worked independently with no supervising physician on site.
- Select, order, perform and interpret tests, analyses, and diagnostic images to provide information on patient condition and augment physical findings.
- Prescribe or administer treatment, medication, and other specialized medical care to treat and prevent illness and injury.
- Perform procedures including laceration repair, and provide referrals to medical specialists as needed.

UNC Healthcare, Pediatric Intensive Care Unit: Chapel Hill, NC

Registered Nurse, 2008-2014

- Serve as a charge nurse for a 20 bed PICU, providing both education and support to PICU nursing staff.
- Implement holistic nursing care for pediatric patients in a critical care environment establishing intravenous access, calculation and initiation of medication infusions.
- Responsibilities also include ensuring adequate communication between families and healthcare providers, and allocating ample time with patients and families to confirm understanding of diagnoses, treatments, medications, and plans of care; and education on resources for assistance with management of chronic disease processes and coordination of care for safe and optimal recovery.
- Active member on both Education and Organ Donor Resource Team Committees.

Piedmont Community College, School of Nursing: Roxboro, NC

Clinical Nursing Instructor, January 2013-May 2013

- Supervise, instruct, and evaluate students in a hospital setting.
- Plan and conduct student conferences; demonstrate nursing skills and procedures.

UNC Healthcare, Jaycee Burn Center: Chapel Hill, NC

Float/Overtime Support Nurse, 2007-2011

- Closely assess and care for patients of all ages sustaining multiple organ system failure secondary to severe burns.

CERTIFICATIONS & REGISTRATIONS

- NCBON, Pediatric Nurse Practitioner, Approval #[5007129](#), NPI# [1871995563](#)

- NCBON, Registered Nurse, License #222838
- Certified in American Heart Association CPR/AED for the Healthcare Provider & Pediatric Advanced Life Support Provider & Basic Life Support Certified
- National Association of Pediatric Nurse Practitioners (NAPNAP), 2015-Current

PUBLICATIONS AND UNIT INVOLVEMENT

- Balgowan, R., Greer, L., D'Auria, J. Infant gastroesophageal reflux information on the World Wide Web, *Journal of Pediatric Health Care*, published online December 11, 2015.